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On the Basketball Referee's Control of the Game Rhythm

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Abstract: With the popularity of basketball all over the world, more and more people like basketball and watch basketball games. The reason why basketball can attract so many people is inseparable from the strong confrontation of basketball, the rapid conversion of attack and defense and the unpredictability of the game results. Basketball referees are the law enforcers of basketball games. They must ensure the fairness, impartiality and fluency of basketball games on the premise of abiding by the rules. Therefore, referees are required to grasp and control the rhythm of the game so that the basketball game can attract more audiences. This paper analyzes and studies how to grasp the rhythm of basketball game, in order to provide some help to improve the level of referees.

Keywords: Referee; Game Rhythm; Game Fluency

Introduction

In today's world, the level of basketball has been greatly improved, and the game has become fast and compact. Today's players are taller, stronger and have more comprehensive skills than in the past. When the conversion of attack and defense is more frequent, the scope of attack and defense also covers the whole stadium. ^[1] Therefore, the referee obviously has more responsibilities and the task is more arduous. In a highly competitive competition, only stable and continuous perfect law enforcement is the guarantee of the success of the competition. The referee should be able to quickly and accurately judge each situation in the game and the impact of each situation on the players and the game, and grasp the punishment of each violation, which requires the referee to firmly grasp the game rhythm on the field, so as to let the audience watch a tense, intense and smooth game.

1. The quality required by the referee to control the game

1.1 Good physical condition

Nowadays, the development direction of basketball in the world is to develop rapidly in the direction of "higher, faster and stronger". The competition of players on the court is more intense, the physical antagonism is stronger, and the conversion of attack and defense and the moving speed are accelerating. In the whole judging process, referees, like athletes, need to actively run, move, reasonably select positions, and make accurate judgments, which requires referees to have good physical conditions to adapt to the rhythm of the game.

1.2 Rapid response capability

The attack and defense conversion on the game field is fast, and the players' actions are becoming more and more hidden. If they find a violation, they should react and make a penalty at the first time, and also control the rhythm of the game, which requires the referee to have a very good ability of rapid response.

1.3 Wide field of vision

Today's basketball players are tall, fast moving and skilled. If an excellent basketball referee does not have keen vision and broad vision, he can not clearly understand the situation on the court. There are often many wrong judgments and missed judgments, so it is difficult to control the game.

1.4 Good psychological quality

Only when basketball referees have sound psychological quality can they achieve emotional stability, quick thinking, concentration, strong will, not affected by external interference, and achieve fair law enforcement and accurate punishment. In the usual practice, we should often create an atmosphere in the field, so that the referee can constantly adapt, improve and improve. In this way, we can keep a good attitude and make appropriate decisions in the face of players, coaches and audience.

2. Basketball Referees' methods of controlling the rhythm of the game

2.1 Control of common assault and foul

With the rapid development of global basketball, today's basketball players become taller and stronger than before. Basketball games can not only meet the needs of the game by having good technology, but also super physical quality has become the key to the game. Nowadays, there are more physical contact and more fierce confrontation. It is not enough to understand the game in a deeper level only by relying on the article framework in the basketball rules. The development direction of basketball has increasingly encouraged physical confrontation. Therefore, in order to control the rhythm of the game, we must understand what kind of physical contact is reasonable and what kind of physical contact must be declared foul. If we judge only from the actions of the team members, it is difficult to understand how much impact each action of the team members has on another team member. Therefore, athletes often make dramatic performances (diving) to fool the referee in the game. The referee should be able to correctly understand these situations and make necessary judgments and warnings. ^[2]

2.2 Control of offensive fouls in tactics

With the development of basketball, the group cooperation and tactics of basketball are becoming more and more prominent. The era of "chamberlain" basketball has ended. Today's players pay more attention to cooperation, especially in European basketball. They pay more attention to team attack and defense, and the scope of cooperation is becoming wider and wider. It is far from enough for referees to be solely responsible for the players in their own area. They must understand the attack and defense relationship of each pair of opposing players in order to control each violation, so as not to affect the rhythm of the game. Therefore, an excellent referee should control the rhythm of the game, have a certain understanding of the tactics and the relationship between attack and defense in the game, understand the game and understand the game.

2.3 Cooperation of referees

The communication between referees is the key to ensure the smooth progress of the game. Referees are human beings rather than gods. It is inevitable that some blind spots will appear in the fierce basketball game. In addition, today's players are becoming taller and taller, which will inevitably block the sight of referees under certain conditions. In these cases, referees are required to cooperate with each other and provide help for the situation that their peers do not see or are uncertain. Only in this way can we make correct and reasonable decisions and make the game more intense and smoother.

3. Matters needing attention for the referee to control the rhythm of the game

3.1 Show the strength of the referee

The referee must be strict at the beginning of the game and show all the players his level of judgment. At the beginning of the basketball game, some players will generally be unable to let go, or move very large, or use some habitual violations to obtain benefits, and some experienced players will deliberately use some small actions to obtain unfair benefits, or test the referee's executive level. At this time, the referee must show his strength, pay close attention to these detailed violations, whistle and pronounce the sentence quickly, ruthlessly and accurately, be crisp and neat, let each player know his strength, establish the authority of the referee's fair, just and strict law enforcement, and firmly grasp the control of the game in his own hands ^[3].

3.2 Clearly express each penalty

3.2.1 Grasp of whistle sound

Basketball referees must have a whistle suitable for themselves. It is the weapon for referees to judge the game. The standard and loud degree of whistle can reflect the level of basketball referees. The referee should express any violation or foul on the court through the whistle. Generally speaking, the whistle of violation should be slightly shorter and lighter. When blowing a foul, the whistle should be slightly longer and heavier.

3.2.2 Skilled gestures

The referee's gesture is the language for the referee to communicate with the recording desk and his companions. Referees should use FIBA standard gestures to keep them formal, concise and lively, which can double help referees establish the image of referee on the court, and there is no need to add some dramatic performances.

3.2.3 Necessary oral English

The referee should note that action is more powerful than speech and use sound only when necessary. If you want to make a foul with your fingers among many players after a foul under the basket, the players will be vague. At this time, adding the necessary oral English will help to quickly identify the foul players, shorten the stop time of the game and start the game as soon as possible.

3.3 Do not affect the result of the competition

The referee should control the rhythm of the game and pay attention to the timing. In the course of the game, the referee can judge whether some violations affect the development of the game in order to make the game more fluent and ornamental. However, at the critical moment of the game, referees should not use the principle of advantage and disadvantage to control the rhythm of the game, otherwise they will artificially affect the result of the game and bring unnecessary trouble to themselves.

3.4 Role of referees

As an excellent basketball referee, he must know the relationship between the referee and the game. The players of both sides in the basketball game are the protagonists of the basketball game. The referee only serves the basketball game. Don't show yourself too much, or do some unnecessary actions, or some exaggerated actions. A successful game is to let the audience focus on the game and forget the existence of the referee.

3.5 Audience impact

In modern basketball, the audience is an indispensable member. They are the spectators of the game. The audience looks at the basketball game with emotion. They may have their own favorite team, and many viewers don't understand basketball and just watch basketball with their own intuition. It is precisely because of these psychologies that when the team they like loses, it may cause the audience to lose control of their emotions, so as to trouble or abuse the referee. When encountering such problems, referees should pay attention to adjusting their emotions and not lose control of the game due to the influence of the audience.

3.5.1 Pretending to be deaf and dumb

The dispute between the referee and the audience is unnecessary and final. Many audiences don't understand the basketball rules and just judge the game according to their own feelings. Too much communication with the audience is likely to affect the referee's mood and lose control of the game. The referee should remember that for any words of the audience, the referee should learn to pretend to be deaf and dumb, turn a blind eye and listen, and do not affect the referee's judgment because of the audience.

3.5.2 Audience control

In recent years, stadium violence from spectators has occurred from time to time. As the audience is not a participant in the game, the referee has no right and obligation to control the audience. In case of audience disturbance, the referee should not participate directly and hand over these situations to the court security.

4. Conclusion

If the referee wants to control the rhythm of the game, he must first keep up with the rhythm of the game and clarify his position, which requires the referee to have good referee quality. Only in this way can the referee have the foundation to control the rhythm of the game.

If the referee wants to control the rhythm of the game, he must master certain methods. These methods are based on the referee's feeling of the game. The referee must have a clear concept of violations in the game.

In the competition, any situation may occur, and the referee must pay attention to his own and external interference. For some emergencies, referees must withstand the pressure. Only in this way can they firmly grasp the control of the game rhythm.

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